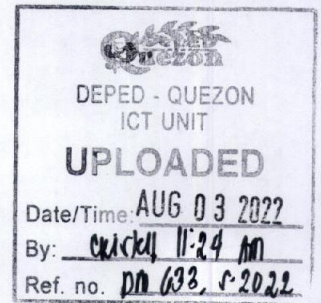




Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE



29 July 2022

DIVISION MEMORANDUM
DM No. 633, s. 2022

**CASCADING OF FOUNDATIONAL COURSE TRAINING ON ADOLESCENT HEALTH
IN DEPED - DIVISION OF QUEZON (Batch 2)**

To: Assistant Schools Division Superintendents
Division Chiefs
School Head In-charge of Governance and Operations
Elementary and Secondary School Principals
School Health Personnel
All Others Concerned

1. In reference to **OUA MEMO 00-0122-0065 (Conduct of Trainings for Foundational Course on Adolescent Health)** and **OUA MEMO 00-042-012 (Guidelines on the Utilization of Funds for the Cascading of the Foundational Course on Adolescent Health)**, DepEd Quezon through the School Health Section and the Adolescent Reproductive Health (ARH) Program Team, will implement the said activity on **August 30-31 to September 1-2, 2022** from **8:30 a.m. - 12:00 p.m.** via Zoom.
2. Specifically, the activity aims to capacitate the health service providers in better understanding their adolescent clients or parents, and how their developmental changes influence their behaviors.
3. Participants are elementary, secondary and senior high school nurses of the Division.
4. All participants shall register through **tinyurl.com/AHFCTBatch2Registration** until 5:00 p.m. of August 18, 2022 to receive the meeting link before the scheduled dates. Additional information shall also be sent to registered participants via email.
5. Certificate of completion will be awarded to the participants upon completing the training.
6. For queries, please contact Ms. Princess Leni May M. Rejano (Division ARH Focal Person) at 09095085476.
7. Please see Enclosure Nos. 1, 2 and 3 for the list of participants, training matrix, and copies of the above memoranda.

DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
Email Address: quezon@deped.gov.ph
Website: www.depedquezon.com.ph



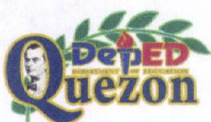
Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

8. Immediate dissemination of this Memorandum is highly desired.

ELIAS A. ALICAYA JR., EdD
Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

shsplmmr07/29/2022

DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
Email Address: quezon@deped.gov.ph
Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

Enclosure No. 1 to DM No. 639, s. 2022

LIST OF PARTICIPANTS FOR FOUNDATIONAL COURSE ON ADOLESCENT HEALTH

No.	Elementary Nurses	District Assignment
1	Chrisgil Crisostomo	Infanta
2	Ana-Norwina Zarsadias	Mauban North & South
3	Jovert Espanola	Patnanungan
4	Meybel C. Nantes	Pagbilao 1 & 2
5	Ruffa Anonuevo	Real
6	Nipsirc John Ian Hari	Sampaloc
7	Marian M. Lina	Lucban
8	Rea Merana	General Nakar 1&2
9	Edmund A. Avellaneda	Panukulan
10	Jay M. Laraya	Polilio
11	Reina Llanessa O. Solis	Jomalig
12	Lovelía T. Cuarteron	Burdeos
13	Ma. Frances L. De Ocampo	Sariaya East
14	Ronilo R. Paderon	Sariaya West
15	Perry S. Napenas	Candelaria West
16	Vincent Byron M. Rama	Tiaong 1
17	Ma. Michelle Querubin	Tiaong 2
18	Dennis Fernando De Villa	Dolores
19	Dominic Colubong	San Antonio
20	Soren Joshua P. Pabella	Agdangan
21	Ma. Theresa J. Lim	Padre Burgos
22	Clarissa Escudero	Macalelon
23	Francis Rainier De Leon	General Luna
24	Estrella G. Lorca	Catanauan 1&2
25	Charmagne Rodel Sales	San Francisco 1&2
26	Kharla L. Banquiles	San Andres
27	Sarah Jean Almeyda	San Narciso 1&2
28	Ma. Stacey Jerdette R. Rivera	Buenavista 1&2
29	Grant Lakian	Unisan
30	Heide Gabriel	Lopez West
31	Aim Santander	Lopez East
32	Chiqui G. Serafica	Guinayangan North & South
33	Zyra Mae Brizuela	Tagkawayan 1&2
34	Laudemer Abellanosa	Atimonan 1&2
35	Maria Cerila Almonte	Gumaca East
36	Christine Rose Deocales	Gumaca West
37	Nessan Ingrid Rapada	Calauag East
38	Alfrem Geneblazo	Calauag West
39	Zandy Del Moro	Perez

DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
Email Address: quezon@deped.gov.ph
Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

40	Kay Zhyra Andojar	Alabat
41	Jenny Lyn Barrantes	Quezon
42	Maria Nerissa A. Diego	Plaridel

No.	Secondary Nurses	School Assignment
1	Marinel P. Malabonga	MSEMSAT-Mauban
2	Felirose E. Uy	QNHS-Lucena
3	Eusylda U. Carandang	Lutucan INHS-Sariaya
4	Angelita Mendoza	SINHS-General Luna
5	Edna Noche	Abuyon NHS-San Narciso
6	Jocelyn Fontanilla	GMTMHS-San Narciso
7	Alden Villaver	GNHS-Gumaca
8	Kathleen D. Noblefranca	Alabat Island NHS-Alabat

No.	Senior High School Nurses	District Assignment
1	Ragem Portes	Polilio, Burdeos, Panukulan
2	Haidee Mandrique	Mauban, Pagbilao 1 & 2, Lucban, Sampaloc
3	Cleo Duke Rivadulla	San Andres, San Narciso, San Francisco & Buenavista
4	Katrina Thea Reyes	Macalelon, Catanauan & Mulanay
5	Margaret Abaricia	Gumaca, Atimonan & Plaridel
6	Leah C. Barrameda	Lopez & Calauag

Program Management Team- Technical Working Group

1. Princess Leni May M. Rejano – ARH Focal Person
2. Lavinia R. Cueto – Alternate ARH Coordinator
3. Clarissa A. Buenafrancisca – 1st Congressional District ARH Coordinator
4. Kaylim F. Pinion – 2nd Congressional District ARH Coordinator
5. Luisa E. Parco – 4th Congressional ARH District Coordinator
6. Genesis E. Olarte – 4th Congressional District Team Leader
7. May Ann Gail Candelaria – 1st Congressional District Team Leader
8. Vivien D. Sayat – 2nd Congressional District Team Leader
9. Marie Antoinette A. Tesalona – Division Medical Officer III
10. Ma. Teresita M. Abella – Nurse-in-Charge
11. Mito A. Villamor – Registered Guidance Counselor
12. Albert Sarmiento – Registered Guidance Counselor
13. Iris V. Mente – Registered Guidance Counselor
14. Vigiline De Vera – Registered Guidance Counselor

DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
Email Address: quezon@deped.gov.ph
Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

Enclosure No. 2 to DM No. 633, s. 2022

PROGRAM MATRIX
August 30-31 & September 1-2, 2022

Time	Activity	Methodology	Responsible Person
Day 1 AM (May 26, 2022)			
8:00-8:30	Opening of Training Link Reminders Pre-Test		
8:30-8:45	Opening Program Prayer Philippine National Anthem Introduction of Participants Messages		Marie Antoinette Aguilinaldo-Tesalona, MD Medical Officer III Elizabeth M. De Villa SGOD-Chief
8:45-9:15	Mental Health Activity		WHO: Dr. Jasmine Vergara
9:15-9:30	Overview and Orientation on Training Principles and Approaches		Princess Leni May M. Rejano ARH Focal Person
9:30-10:15	Module I: Understanding the Adolescent <ul style="list-style-type: none">Session I-Stages of Development<ul style="list-style-type: none">Activity 1.1: Changes during Adolescence	Plenary (30 minutes) Introductory Video Lecture-Discussion Breakout Sessions (15 minutes) Activity Materials: markers and writing/bond paper	Dr. Jacqueline Kitong WHO Philippines
10:15-10:40	<ul style="list-style-type: none">Activity 1.2 Adolescent Development	Plenary (25 minutes) Lecture Presentation	
10:40-11:30	<ul style="list-style-type: none">Session 2: Inner Workings of the Adolescent	Plenary (30 minutes) Lecture-Discussion	RP for Session 2: SAMPI

DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
Email Address: quezon@deped.gov.ph
Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
 Region IV-A
 SCHOOLS DIVISION OF QUEZON PROVINCE

	<ul style="list-style-type: none"> ○ Activity 2.1 Psychosocial Development 	Breakout Sessions (20 minutes) Activity Materials: markers and writing/bond paper	
11:30-12:00	<ul style="list-style-type: none"> ○ Activity 2.2 The Teen Brain 	Plenary (30 minutes) Presentation with Video	
Day 2 AM (May 27, 2022)			
8:30-8:45	Prayer Recap of Day I Checking of Activity Output		
8:45-10:00	<ul style="list-style-type: none"> • Session 3: Gender and Health <ul style="list-style-type: none"> ○ Activity 3.1 Human Sexuality and Gender 	Plenary (45 minutes) Lecture-Discussion Breakout Sessions (30 minutes) Activity Materials: marker and bond paper	Ms. Mona Stella R. Mariano Plan International
9:45-10:30	<ul style="list-style-type: none"> ○ Activity 3.2 Gender, Health and Health Care 	Plenary (30 minutes) Video Presentation Discussion	
10:30-12:00	Module 2: Responding to the Adolescent <ul style="list-style-type: none"> • Session I: HEEADSSS <ul style="list-style-type: none"> ○ Activity 1.1 Screening Tool ○ Activity 1.2 Interview Protocol 	Plenary (40 minutes) Breakout Sessions (50 minutes) Activity Material/s: <ul style="list-style-type: none"> • Interview guidelines • HEEADSSS screening tool • Case Senarios 	Dr. Angeli Conti-Lopez USAID
Day 3 AM (May 30, 2022)			
8:30-8:45	Prayer Recap Checking of Activity and Output		
8:45-9:30	<ul style="list-style-type: none"> • Session I: Processing of Interviews 	Break-out Sessions (45 minutes) Assignment Presentation Discussion	

DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
 Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
 Email Address: quezon@deped.gov.ph
 Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
 Region IV-A
 SCHOOLS DIVISION OF QUEZON PROVINCE

9:30-10:30	<ul style="list-style-type: none"> • Session 2: Being Adolescent-Client Friendly <ul style="list-style-type: none"> ○ Activity 2.1- Finding Compassion ○ Activity 2.2- Compassionate Listening 	Plenary (30 minutes) Lecture Discussion Break-out Sessions (30 minutes) Activity Material/s: <ul style="list-style-type: none"> • Pen/marker, paper • Compassionate listening worksheet 	Dr. Miel Nora USAID
10:30-11:00 am	<ul style="list-style-type: none"> • Session 3: Gaining the Adolescent Trust <ul style="list-style-type: none"> ○ Activity 3.1 - Privacy, Confidentiality & Informed Consent 	Plenary (30 minutes) Video Discussion	Dr. Miel Nora USAID
11:00-11:40	<ul style="list-style-type: none"> • Session 4: Advising Parents with Adolescents 	Plenary (40 minutes) Lecture Discussion	Dr. Jacqueline Kitong WHO Philippines
11:40-12:00	<ul style="list-style-type: none"> • Overview of Module 3 Assignment 	Plenary (20 minutes) Announcement for Activity Materials: <ul style="list-style-type: none"> • Provider self-assessment form • DOH AFHF standard evaluation tool 	Mr. Eugene Arbis WHO Philippines
Day 4 AM (May 31, 2022)			
8:30-8:45	Prayer Recap Checking of Activity Output		
8:45-10:45	Module 3: Moving Towards Adolescent Health Friendly Services <ul style="list-style-type: none"> • Session 1-The Adolescent Friendly Health Facility • Session 2- The Adolescent 	Plenary (1 hr) Lecture-Discussion Video Break-out Session (1 hr) Materials: Provider self-assessment form	Mr. Eugene Arbis WHO Philippines

DEPEDQUEZON-TM-SDS-04-009-003

"Creating Possibilities, Inspiring Innovations"



Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
 Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
 Email Address: quezon@deped.gov.ph
 Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

	<p>Friendly Health Facility</p> <ul style="list-style-type: none">• Session 3- Improving Quality of Adolescent Care<ul style="list-style-type: none">○ Activity 3.1- Adolescent Health Services Quality Gap Analysis○ Activity 3.2-Key Actions to Improve Adolescent Health Services	<p>DOH AFHF standard evaluation tool</p>	
10:45-11:45	<ul style="list-style-type: none">• Session 4: Laws and Policies<ul style="list-style-type: none">○ Activity 4.4 Case Analysis	<p>Plenary (20 minutes) Lecture Discussion</p> <p>Break-out Session (40 minutes) Case Analysis</p>	<p>Ms. Dulce Elfa DOH</p>
11:45-12:00	<p>Closing Program Message and Ways Forward</p>	<p>Plenary</p>	<p>Ma. Teresita M. Abella, RN Nurse In-Charge</p>
<p>Facilitators: Princess Leni May M. Rejano & Lavinia R. Cueto</p>			

DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
Email Address: quezon@deped.gov.ph
Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
 Region IV-A
 SCHOOLS DIVISION OF QUEZON PROVINCE

Enclosure No. 3 to DM No. 633, s. 2022



Republika ng Pilipinas
Kagawaran ng Edukasyon
 Tanggapan ng Pangalawang Kalihim

OUA MEMO 00-0122-0065
MEMORANDUM
 18 January 2022

For: Regional Directors and BARMM Education Minister
Schools Division Superintendents
School Heads
Adolescent Reproductive Health Focal Persons

Subject: CONDUCT OF TRAININGS FOR FOUNDATIONAL COURSE
ON ADOLESCENT HEALTH

To continuously support primary care service providers for a friendly and responsive adolescent health care, the Office of the Undersecretary for Administration (OUA), through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), shall conduct a series of Online Training for the Foundational Course on Adolescent Health.

The Training for Region and Division ARH Focal Person will be conducted via Zoom from 8:30 am to 12:00 noon on the specified dates below. Please see the attached training design for reference.

Batch	Date	Participants	Regions
1	January 25-28, 2022	1 Regional and 1 Division ARH Focal Person (expected pax 59)	1, 2, 3, CAR
2	February 15-18, 2022	1 Regional and 1 Division ARH Focal Person (expected pax 66)	4A, 4B, NCR, 5
3	March 8-11, 2022	1 Regional and 1 Division ARH Focal Person (expected pax 66)	6, 7, 8, 9
4	March 29- April 1, 2022	1 Regional and 1 Division ARH Focal Person (expected pax 63)	10, 11, 12, CARAGA, BARMM

The trainings to be conducted by the DepEd Central Office shall be cascaded by the trained Regional and Division ARH Focal Person to school personnel, including all guidance counselors in the DepEd offices, in their jurisdiction within the year 2022. Training materials shall be shared to ARH Focal Persons who will pass the evaluation at the end of the training program.



Office of the Undersecretary for Administration (OUA)

Administrative Service (AS), Information and Communications Technology Service (ICT), Disaster Risk Reduction and Management Service (DRRM), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)

Department of Education, Central Office, Meralco Avenue, Pasig City
 Rm 519, Malini Bldg; Mobile: +639260320762; Tel: (+632) 86337203, (+632) 86376207
 Email: uarc.admin@deped.gov.ph; Facebook/Twitter @depedayo



DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
 Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
 Email Address: quezon@deped.gov.ph
 Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

Evaluation:

- Attendance - 100%
- Participation in discussions
- Activity Outputs - 100 % submission
- Pre-test - completion
- Post Test - 80% passing rate
- Training Evaluation - completion
- Action Plan - submission

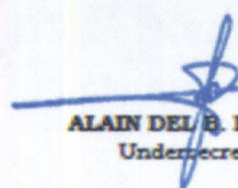

Region and Division ARH Focal Person shall register through <https://bit.ly/FCAHReg> to receive the meeting link before the scheduled dates. Additional information shall also be sent to registered participants via email.

Continuing Professional Development (CPD) Units is being processed for the course.

The Training on Foundational Course on Adolescent Health is in collaboration with the Department of Health (DOH) and the World Health Organization (WHO), supported by the Society of Adolescent Medicine of the Philippines (SAMPI), Plan International Philippines, and RTI Philippines.

For more information, queries and concerns on the abovementioned subject, please contact Dr. Maria Corazon C. Dumlao (Chief Health Program Officer) or Ms. Lien Ivy C. Callado (Health Education and Promotion Officer II) of BLSS – SHD through (02) 8632 9935 and email at arh@deped.gov.ph.

For immediate and appropriate action.



ALAIN DEL B. PASCUA
Undersecretary



DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
Email Address: quezon@deped.gov.ph
Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
 Region IV-A
 SCHOOLS DIVISION OF QUEZON PROVINCE

**Training on the Adolescent Health Care for
 Primary Health Service Providers - Foundational Course**

Training Design

I. Rationale

To continuously support primary care service providers in their efforts of creating acceptable, friendly and responsive health systems for adolescent health care, the Family Health Division of Department of Health (DOH), in collaboration with the World Health Organization (WHO) Philippines Country Office, developed a more comprehensive skills development, based on the competency of the participants for adolescent health care. The Foundational Course for Adolescent Health Care capacitates the health service providers in better understanding their adolescent clients or parents, and how their developmental changes influence their behaviors.

Primarily for health providers, its earlier versions have proven relevance and applicability to school teachers and counsellors, nurses, and social workers. With a common client base, this Foundational Course serves as a venue for these providers of various professions and backgrounds, to appreciate the work of each other, and potentially serve as a jumping board in the development of a service delivery network for the adolescent.

On 9 November 2021, The Department of Education, through the Bureau of Learner Support Services-School Health Division (BLS3-SHD), in collaboration with the DOH, requested technical support from WHO Philippines to conduct a series of capacity building activities for its Adolescent Reproductive Health (ARH) Program Focal Persons. The training on the Foundational Course for Adolescent Health is slated from January to March 2022. This is in support of the implementation of the Comprehensive Sexuality Education (CSE) and ARH program in schools to address the risky behaviors of learners.

II. Objective of the Course

To capacitate DepEd teaching and non-teaching personnel in understanding the development of an adolescent, hence, to be adept in providing the right services to adolescents.

III. Learning Outcomes

At the end of the activity the health care providers are expected to achieve the following:

Learning Outcomes	Assessment of Learning Outcomes
1. Describe the stages of adolescent development and how these are influenced by various biological, social, emotional, and environmental factors. 2. Describe the cognitive, affective, and behavioral development of adolescents and how these are affected by the neurocognitive maturation of the brain. 3. Explain the leading causes of mortality and morbidity among adolescents, the prevalence of key health-related behaviors and conditions among adolescents, and protective and risks factors using national/regional/local age and sex-disaggregated data. 4. Explain how the structural social determinants of health and more proximal protective and risk factors affect the adolescent health.	1. Pre-and Post-Test 2. Self-assessment 3. Facilitated discussion 4. Demonstration 5. Case study/analysis





Republic of the Philippines
Department of Education
 Region IV-A
 SCHOOLS DIVISION OF QUEZON PROVINCE



Republika ng Pilipinas
Kagawaran ng Edukasyon
 Tanggapan ng Pangalawang Kalihim

OUA MEMO 00-0422-012
MEMORANDUM
 17 March 2022

**For: Regional Directors
 Schools Division Superintendents**

**Subject: GUIDELINES ON THE UTILIZATION OF FUNDS
 FOR THE CASCADING OF THE FOUNDATIONAL COURSE
 ON ADOLESCENT HEALTH**

To continuously support the provision of friendly and responsive adolescent health care, the Office of the Undersecretary for Administration (OUA) through the Bureau of Learner Support Services-School Health Division (BLSS-SHD) implemented the Foundational Course on Adolescent Health.

The same program shall be cascaded by the trained Regional and Division Adolescent Reproductive Health (ARH) Focal Persons to other DepEd teaching and non-teaching personnel, including all guidance counselors and designates in their jurisdiction within CY2022. Please note that the course materials shall be shared to ARH Focal Persons.

Kindly refer to the following guidelines on the utilization of funds for the cascading of the course:

1. The funds shall be utilized to support expenses in the conduct of virtual or face-to-face trainings (e.g., materials, food, honorarium of speakers, traveling, and venue or online platform).
2. The budget allocation per Regional Office (RO) and Schools Division Office (SDO) is P30,000.00. ROs shall sub-allot this amount to the respective SDOs.
3. ROs and SDOs are enjoined to augment for any other needs that may not be sufficiently covered by the downloaded funds.
4. As a core strategy of Oplan Kalusugan sa DepEd (OKD), forming of partnerships to support the conduct of activities is highly encouraged.



Office of the Undersecretary for Administration (OUA)
 Administrative Service (AS); Information and Communications Technology Service (ICTS);
 Disaster Risk Reduction and Management Service (DRRM); Bureau of Learner Support
 Services (BLSS); Baguio Teachers Camp (BTC); Central Security & Safety Office (CSSO)
 Department of Education, Central Office, Meralco Avenue, Pasig City
 Rm 519, Mabini Bldg; Mobile: +639266920762; Tel: (+632) 86337203, (+632) 86376207
 Email: uasr.admin@deped.gov.ph; Facebook/Twitter @depedayo

DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
 Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
 Email Address: quezon@deped.gov.ph
 Website: www.depedquezon.com.ph

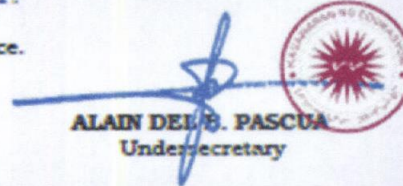


Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

5. Related activities shall consider the current "new normal" set-up (i.e., no face-to-face classes, schools remaining physically closed for learners, distance learning, etc.), as well as the overall COVID-19 response of the Department such as efforts to promote vaccination.
6. All activities shall be made in accordance with the usual accounting and auditing rules and regulations.

For more information, queries and concerns on this subject, please contact Dr. Maria Corazon C. Dumlao (Chief Health Program Officer) and Ms. Lien Ivy C. Collado (Health Education and Promotion Officer II) of BLSS-SHD through (02) 8632 9935 and email at arh@deped.gov.ph.

For information and strict compliance.


ALAIN DEL B. PASCUA
Undersecretary



DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
Email Address: quezon@deped.gov.ph
Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
 Region IV-A
 SCHOOLS DIVISION OF QUEZON PROVINCE

10:30-11:00 am	<ul style="list-style-type: none"> • Session 3 Gaining the Adolescents Trust <ul style="list-style-type: none"> o Activity 3.1 Privacy, Confidentiality & Informed Consent 	Plenary (30 minutes) Video Discussion	Dr. Miel Nora USAID
11:00 – 11:40 am	<ul style="list-style-type: none"> • Session 4 Advising Parents with Adolescents 	Plenary (40 minutes) Lecture Discussion	Dr. Jacqueline Kitong WHO Philippines
11:40 - 12:00 am	<ul style="list-style-type: none"> • Overview of Module 3 Assignment 	Plenary (20 minutes) Announcement for Activity Materials: <ul style="list-style-type: none"> • Provider self-assessment form • DOH AFHF standard evaluation tool 	Mr. Eugene Arbis WHO Philippines
Day 4 AM (Friday)			
8:30 – 8:45am	Prayer Recap Checking of Activity Output		
8:45 – 10:45 am	Module 3 Moving Towards Adolescent Friendly Health Services Session 1 The Adolescent Friendly Health Facility <ul style="list-style-type: none"> • Session 2 The Adolescent Friendly Health Facility • Session 3 Improving Quality of Adolescent Care <ul style="list-style-type: none"> o Activity 3.1 Adolescent Health Services Quality Gap Analysis o Activity 3.2 Key Actions to Improve Adolescent Health Services 	Plenary (1 hour) Lecture-Discussion Video Break-out Session (1 hour) Materials: <ul style="list-style-type: none"> • Provider self-assessment form • DOH AFHF standard evaluation tool 	Mr. Eugene Arbis WHO Philippines
10:45 – 11:45 am	<ul style="list-style-type: none"> • Session 4 Laws and Policies <ul style="list-style-type: none"> o Activity 4.1 Case Analysis 	Plenary (20 minutes) Lecture Discussion Break-out Session (40 minutes) Case Analysis	Ms. Dulce Eifa DOH
11:45 – 12:00 pm	Closing Program Message and Ways Forward	Plenary	Dr. Jacqueline Kitong WHO Dr. Maria Corazon C. Dumlao DepEd



DEPEDQUEZON-TM-SDS-04-009-003



“Creating Possibilities, Inspiring Innovations”

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
 Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
 Email Address: quezon@deped.gov.ph
 Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
 Region IV-A
 SCHOOLS DIVISION OF QUEZON PROVINCE

10:40- 11:30 am	<ul style="list-style-type: none"> • Session 2 Inner Workings of the Adolescent <ul style="list-style-type: none"> o Activity 2.1 Psychosocial development 	Plenary (30 minutes) Lecture Discussion Breakout session (20 minutes) Activity materials: <ul style="list-style-type: none"> • Markers • Writing/bond paper 	RP for Session 2: SAMPI
11:30- 12:00pm	<ul style="list-style-type: none"> o Activity 2.2 The Teen Brain 	Plenary (30 minutes) Presentation with video	
Day 2 AM (Wednesday)			
8:30 - 8:45am	Prayer Recap of Day 1 Checking of activity output		
8:45 - 10:00 am	<ul style="list-style-type: none"> • Session 3 Gender & Health <ul style="list-style-type: none"> o Activity 3.1 Human Sexuality and Gender 	Plenary (45 minutes) Lecture Discussion Breakout session (30 minutes) Activity materials: <ul style="list-style-type: none"> • Marker, paper 	Ms. Mona Stella R. Mariano Plan International
9:45 - 10:30 am	<ul style="list-style-type: none"> o Activity 3.2 Gender, Health and Health Care 	Plenary (30 minutes) Video presentation Discussion	
10:30 - 12:00 pm	Module 2: Responding to the Adolescent <ul style="list-style-type: none"> • Session 1 HEADSSS <ul style="list-style-type: none"> o Activity 1.1 Screening Tool o Activity 1.2 Interview Protocol 	Plenary (40 minutes) Lecture-Discussion Breakout session (50 minutes) Activity material/s: <ul style="list-style-type: none"> • Interview guidelines • HEADSSS screening tool • Case Scenarios 	Dr. Angel Conti-Lopez USAID
Day 3 AM (Thursday)			
8:30 - 8:45 am	Prayer Recap Checking of Activity Output		
8:45 - 9:30 am	Session 1 Processing of Interviews	Break-out Session (45 minutes) Assignment Presentation Discussion	
9:30 - 10:30 am	<ul style="list-style-type: none"> • Session 2 Being Adolescent – Client Friendly <ul style="list-style-type: none"> o Activity 2.1 Finding Compassion o Activity 2.2 Compassionate Listening 	Plenary (30 minutes) Lecture Discussion Breakout session (30 minutes) Activity material/s: <ul style="list-style-type: none"> • Pen/marker, paper • Compassionate listening worksheet 	Dr. Miel Nora USAID



DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
 Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
 Email Address: quezon@depd.gov.ph
 Website: www.depdequezon.com.ph



Republic of the Philippines
Department of Education
 Region IV-A
 SCHOOLS DIVISION OF QUEZON PROVINCE

V. Methodology

- Pre-test and Post-test
- Facilitated discussion
- Demonstration
- Self-assessment
- Case study/analysis

VI. Evaluation

- Attendance - 100%
- Participation in discussions
- Activity Outputs - 100 % submission
- Pre-test - completion
- Post Test - 80% passing rate
- Training Evaluation - completion
- Action Plan - submission

VII. Program

Time	Activity	Methodology	Responsible Person
Day 0 – Meeting of Facilitators (Monday Afternoon)			
Day 1 AM (Tuesday)			
8:00 - 8:30 am	Opening of Training Link Reminders Pre-test		
8:30 - 8:45 am	Opening program Prayer Philippine National Anthem Introduction of Participants Messages		DepEd Message: Dir. Lope B. Santos DOH Message: Dir. Beverly Ho
8:45 - 9:15 am	Mental Health Activity		WHO: Dr. Jasmine Vergara
9:15 - 9:30 am	Overview and Orientation on Training Principles and Approaches		DOH : Course Overview Ms. Dulce Elfa WHO : Training design Mr. Eugene Arbis
9:30-10:15 am	Module 1: Understanding the Adolescent <ul style="list-style-type: none"> • Session 1 Stages of Development <ul style="list-style-type: none"> o Activity 1.1 Changes during Adolescence 	Plenary (30 minutes) Introductory Video Lecture-Discussion Breakout session (15 minutes) Activity materials: • Markers • Writing/bond paper	Dr. Jacqueline Kitong WHO
10:15-10:40 am	o Activity 1.2 Adolescent development	Plenary (25 minutes) Lecture Presentation	



DEPEDQUEZON-TM-SDS-04-009-003



“Creating Possibilities, Inspiring Innovations”

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
 Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
 Email Address: quezon@deped.gov.ph
 Website: www.depedquezon.com.ph



Republic of the Philippines
Department of Education
Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

<ol style="list-style-type: none">5. Discuss the numerous factors that can improve the climate of the consultation: the importance of confidentiality, privacy, confidence, neutral non-judgmental attitudes, respect and empathy.6. Provide a trustful atmosphere in the consultation by informing adolescents about their rights to privacy and confidentiality.7. Demonstrate a friendly, respectful manner that is empathic, non-judgmental and without discrimination to an adolescent client.8. Assess the influence of gender norms on an adolescent client's health behaviors and outcomes.9. Perform a psychosocial assessment through the use of Rapid HEEADSSSS (Home, Education, Employment, Eating, Activities, Drug Use, Sexuality, Suicide, Safety, and Spirituality) to detect risk and protective factors in adolescents' social, educational, and home environment.10. Explain the main laws and policies that affect the legal educational and health status of adolescents in the country.11. Describe the main characteristics of quality health services for adolescents.12. List locally applicable standards; exist and the WHO global standards.13. Plan the roll-out using national/ regional/ local age and sex disaggregated data.	
--	--

IV. Contents

The training course duration is four (4) days. The duration includes meeting of facilitators, registration, pre- and post-training activities; and interactive activities for participants on adolescent clients using HEEADSSSS.

- Stages of Development
- Inner working of the adolescent
- Gender and Health
- Rapid HEEADSSSS
- Being Client Friendly to the Adolescent
- Key Actions for Adolescents
- Adolescent Friendly Facility Checklist
- Laws and Policies related to adolescent health



DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
Trunkline #: (042) 784-0366, (042) 784-0164, (042) 784-0391, (042) 784-0321
Email Address: quezon@deped.gov.ph
Website: www.depedquezon.com.ph